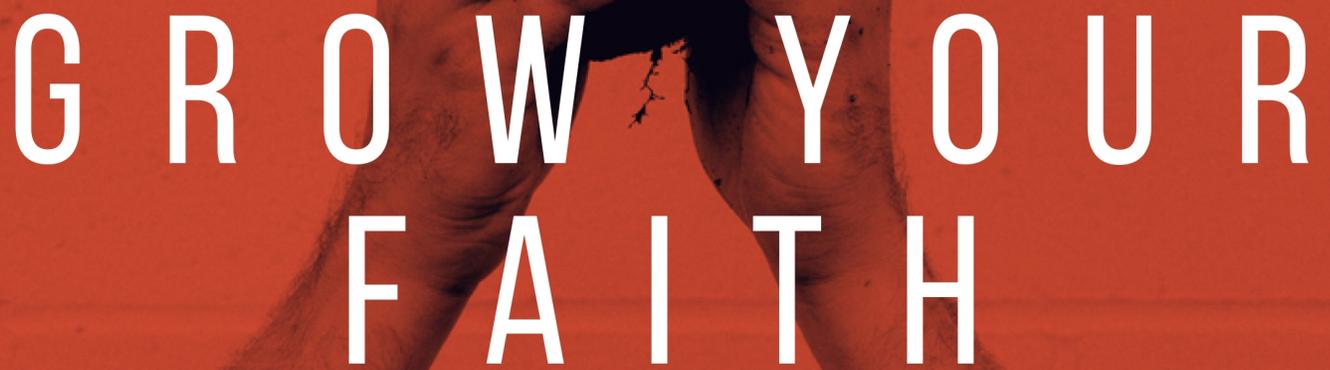


FALL 2019 STUDY
OPPORTUNITIES

A pair of hands is shown from the bottom, cupping a small, dark tree with soil. The tree has a thick, gnarled trunk and sparse, dark foliage. The background is a solid, vibrant red color. The text "GROW YOUR FAITH" is overlaid in white, bold, sans-serif capital letters across the center of the image.

G R O W Y O U R
F A I T H



An Invitation to Spiritual Growth

Spiritual growth doesn't happen by chance. It is the direct result of disciplines. A person can't have one without the other. At the same time, when people think of spiritual disciplines, many have a tendency to view them as solo projects. I study. I pray. I worship. I fellowship. Actually, they are all related for they overlap with each other. The synergies of these yield growth in faith.

In this year's *Grow Your Faith*, you will find different opportunities to study inside of a community. There are only two things required: Time and Energy. When we devote time and energy to study, God always does something unique. We learn more about others and ourselves. In addition, we learn more about God and how he works. In a word, study gives us direction—a Godly-Direction. The Apostle Paul was aware of the need for study when he wrote, *"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will"* (Romans 12:2).

If you are new to St. Paul, each of these studies will provide something more than what will be learned. They also provide a place to connect with other people so that we all grow together. The good news is there is something for everyone. My prayer is that all will grow in faith. I hope you will consider one of these studies and use it as a means to learn and mature in your faith.


Rev. Shane Green

Study Schedule Overview

Sunday	Tuesday	Wednesday	Thursday	Friday
Sunday School for All	Middle School Girls September 17 @ 6:45	Unstuck October 2 @ 6:00	No More Perfect Moms August 15 @ 9:30	Men's Morning Study August 9 @ 6:30
Anxious for Nothing September 22 @ 5:45	Precepts: Joshua September 3 @ 9:30	No More Perfect Moms October 2 @ 6:30		
It's Not Supposed to be This Way September 22 @ 5:45	Tuesday Morning Women's September 10 @ 9:45	Word Study October 2 @ 6:30		
Parent Confirmation October 6 @ 5:45	Grace Study September 10 @ 11:00	Contemplative Worship October 2 @ 6:30		
Intentional Parenting November 3 @ 5:45	Spring Harbor August 27 @ 4:00			
High School Boys September 22 @ 8:00	High School Girls September 17 @ 7:00			
	Middle School Boys September 17 @ 7:00			

Grow Your Faith: Adult Sunday School

BRIDGES CLASS (M271)

This is a class meant to bridge together young adults (singles and couples) in their twenties - thirties (or more) but anyone is welcome. The class meets at 10:00. Taught by Mark Ellis, Ellie Fober, and Sarah Rumph, this group uses a varied curriculum. Topics range from books of the Bible, awareness of church history, dating, financial management, marriage, children, and careers. An informal group who will fellowship or serve together outside of the church (Taco Thursdays or cookouts at class members' homes and serving in missions). Donuts and coffee every Sunday!

THE LIBRARY CLASS (M207)

This class is a mixture of ages, couples, and singles, anyone is welcome. Led by either Rev. Dr. Shane Green or Rev. John Fugh, Jr. (whomever is preaching the 9:00 Contemporary Worship Service) as the topic each week is a deeper dive into the message from the 9:00 service. Very informal in nature and structure, very discussion oriented, this class is not afraid to develop a deep understanding of theological concepts. Class begins at 10:00 and meets in the Wilson Library.

NEW COVENANT CLASS (M232)

This class is comprised of singles and couples in their thirties - forties (or more) but anyone is welcome. The class meets at 10:00 and is taught by John Boyd, Beth Burgin, Anna Flournoy, Thomas Forsberg, Meika Hilsman, and Kevin McPherson. Topics include books of the Bible, theological issues, devotional materials and sometimes include video series. They serve others in the community in areas such as Boys and Girls Club or Truth Spring Academy and acknowledge they are very diverse on the liberal to conservative spectrum.

SEEKERS CLASS (M234)

The Seekers is a class of both singles and couples ages 45+, anyone is welcome. Led by Bob Borneman, George Flowers and Mary Lou Jarrell, this class uses a variety of studies, usually 6-8 weeks long, which cover topics from books of the Bible, to people in the Bible (i.e. Peter), to awareness of church history and current challenges facing Christians today. Most, but not all, include a video component and may come either from RightNow Media or DVD. This class enjoys supporting ministries at Christmas and throughout the year, has been known to work together for St. Paul for All and gets together quarterly for dinner at a restaurant or a member's home. Coffee, cokes, and donut holes are enjoyed before the class begins at 10:00.

WELCOME IN CLASS (Y101) NEW

This new class for adults of any age is intended for those who are currently without a Sunday School class home. Beginning on Sunday, September 8 at 10:00, Rev. Dr. Buddy Cooper will lead the class on a study of the book of James. The class will be a confirming and challenging class, taught by lecture, using questions and answers in discussion to clarify and learn together.

WESLEY / MILLER-WILSON CLASS (M235)

This class includes singles and couples in their sixties and above, but anyone is welcome. Social time (with coffee and refreshments provided by the members) begins at 9:30 and class begins at 10:00 sharp. They enjoy using the International Lesson Series: Uniform Series; however, in the summer months, they may use

different material. Seven teachers (Chris Johnson, Yulane Wilson, Gil McBride, Mary Sue Polleys, Rebecca Westerman, Jack Key, and Hardy Polleys) rotate with lecture/discussion format. They support several ministries and are engaged in St. Paul for All and enjoy socials at a member's lake house once or twice a year.

WILDWOOD CLASS (M150)

The Wildwood class members are middle to upper ages but welcomes anyone. Nine teachers (Becky Averett, Tommy Bridges, Sherry Evans, Mason Lampton, Gil McBride, Betty Roberts, Vance Smith, David Varner and Joe Waldrep) rotate and bring their own topic and style to their lesson. This is a fun class who enjoys learning more about the Bible and Christ's teachings. Refreshments every week before the start time of 10:00.

Grow Your Faith: Youth & Children Sunday School

MIDDLE SCHOOL & HIGH SCHOOL (Y204)

This class, comprised of both Middle and High School students, meets in upper level of the new Youth Building. Led by Sally Key Bowden, this class starts at 10:00. Curriculum is varied, covering topics pertaining to this age group and to further the spiritual growth of the class. Lessons often dig deeper into scripture to go beyond the stories they may have heard as children.

SIXTH GRADE SUNDAY SCHOOL (Y203)

Our 6th grade Sunday School class engages students in a purposeful curriculum that goes through the Bible over the course of a year. This journey uses a variety of teaching methods to bring the Bible to life as they mature in their faith. After Confirmation

concludes on March 22, 2020, this class will join the Youth Sunday School Class.

CHILDREN'S SUNDAY SCHOOL

Grade level Sunday School classes are available for children age 2 through 5th grade and engage students in a purposeful curriculum that goes through the Bible over the course of a year. With *Deep Blue* curriculum, children will make Bible stories and passages a part of their lives and will come to know the Bible as THEIR book. Games, science experiments, arts and crafts, and storytelling allow the students to dive deeper into His Word; making the lesson an experience they won't forget! Nursery services are available for all children under 2 years of age.

Grow Your Faith: Adults

SUNDAY

These studies are scheduled for Sunday evenings throughout the fall. Each group is invited to enjoy a snack supper at 7:00 for \$1.

ANXIOUS FOR NOTHING

Sundays // Starts September 22
5:45PM // M234
Mary Lou Jarrell
marylou@stpaulunitedmethodist.com

Do you feel weighed down with worry? Does the uncertainty and chaos of life keep you up at night? Are irrational fears your constant companion? *Could you use some calm?* In this five-session video Bible study, bestselling author Max Lucado explores God's treatment plan for anxiety found in Philippians 4:4-8. As you follow this prescription - celebrating God's goodness, asking for his help, leaving your concerns with him, and meditation on good things - you will experience God's peace. This is a peace that "transcends all understanding" and will help you reframe the way you look at your fears.

IT'S NOT SUPPOSED TO BE THIS WAY

Sundays // Starts September 22
5:45PM // M230
Lisa Fugh
lisa@fugh.com

What went wrong? Why did God let this happen? Reality often ends up so very far from the life we long for, doesn't it? Bible teacher Lysa TerKeurst deeply understands daily disappointments and life-altering loss. By walking through her own valley, she's discovered that in God we can find unexpected strength as we wrestle well between our faith and feelings. In this six-session video Bible study, Lysa offers a safe place to share your disappointments, fresh biblical insight to get you through painful situations, and life-giving

perspectives for living in between Eden and eternity.

PARENTS' CONFIRMATION

Selected Sundays // Starts October 6
5:30PM // M232
Grace Bailey
grace@stpaulunitedmethodist.com

This group is open only to parents of current confirmands. The curriculum will include the lessons the confirmands are learning, which may be new or may be a review of information learned long ago with the hope that parents and children will have lively discussions and grow in faith as a family. Videos from Adam Hamilton's "Creed" will also be part of this study.

INTENTIONAL PARENTING (PART 1)

Sundays // Starts November 3
5:45PM // M234
Rev. John Fugh, Jr.
john@stpaulunitedmethodist.com

This study will have Part 1 (3 weeks) in the Fall and Part 2 (4 weeks) in the Spring. No matter how good their intentions, all parents at times resort to quick-fix parenting: things we do to stop a kid's negative or annoying behavior. Quick-fix parenting may temporarily ease a parent's stress level, but it does little to positively impact a child's future. Quick-fix parenting is a terrible long-term strategy for parenting. In *Intentional Parenting: 10 Ways to be an Exceptional Parent in a Quick-Fix World*, Doug and Cathy Fields draw on their own extended experience with young people and as parents to guide you through 10 specific actions that will help you become a more effective parent.

TUESDAY

PRECEPTS

Joshua: Conquering Your Enemies

Tuesdays // September 10 - October 22
9:30AM-11:30AM // M230
Emily Trotter
emilytrotter@msn.com

This group will look at *Joshua - Conquering Your Enemies* a Precept to Precept study. God said, "Be strong and courageous! Do not tremble or be dismayed." Increase your faith in God who has put you in His grip and will never let you go! This study will charge you up and encourage you to press on! Books are \$15.75 and will be ordered by Emily. Reach out to the church office to secure a book.

WOMEN'S TUESDAY MORNING

The Book of Acts

Tuesdays // Starts September 10
9:45AM-11:30AM // M232
Rev. Dr. Shane Green
shane@stpaulunitedmethodist.com

This class will study the book of Acts, the connecting link between the life of Jesus and the life of the Christian church and between the Gospels and the rest of the new Testament. Please bring your Bible, any version. Live streamed at live.spumccolumbus.com.

GRACE STUDY

David: Seeking the Heart Like His

Tuesdays // Starts September 10
11:00AM-12:15PM // M234
Grace Bailey
grace@stpaulunitedmethodist.com

We'll look at Beth Moore's *David - Seeking the Heart Like His*. Books may be purchased at

Amazon or Lifeway.com. Participants should have the first week's lesson read before the 10th. This will be a "video-less" study due to length of the videos. This is a 12-week study.

SPRING HARBOR

Bible Study

Tuesdays // Starts August 27
4:00PM-4:30PM
Spring Harbor Theater
Rev. John Fugh, Jr.
john@stpaulunitedmethodist.com

Walk through different passages of Scriptures at Spring Harbor each Tuesday at 4:00. We meet in the Theater.

WEDNESDAY

All of these small group studies will be part of the Family Night Suppers during the month of October. Unless noted, each study will start after supper.

UNSTUCK: MOVING FROM MUNDANE TO MEANINGFUL

Wednesday // Starts October 2
6:00PM-7:00PM // M234
Dwayne Bankston
DTBanks101@gmail.com

Are you stuck in a rut? It's easy for Christians to find themselves caught up in the life of cluttered schedules, rhythms, and routines dictated by our culture. Many feel stuck in the routine of life – their jobs, relationships, and daily circumstances. They know it's not the life they dreamed of. And they feel stuck in a life yearning for deeper meaning. Due to the length of the study, participants are invited to get their supper and meet in M234 at 6:00.

NO MORE PERFECT MOMS

Wednesdays // Starts October 2
6:30PM // M232
Grace Bailey
grace@stpaulunitedmethodist.com

No More Perfect Moms - Learning to Love your Real Life by Jill Savage is a RightNow Media video series. All moms struggle. We fall short of our own standard of excellence, and then we feel insecure about not being the perfect wife with the perfect kids, perfect husband, perfect home, perfect friends, perfect marriage, and perfect body...Jill speaks to the root of the insecurities mothers feel and points to a better way.

WORD STUDY

Wednesdays // Starts October 2
6:30PM // M235
Rev. John Fugh, Jr.
john@stpaulunitedmethodist.com

This group will study passages of the Bible that are part of future Sunday worship services.

WORSHIP AND PRAYER

Wednesdays // Starts October 2
6:30PM // Illges Chapel
Rev. Shane Green
shane@stpaulunitedmethodist.com

This mid-week worship provides the boost that many need between Sundays. Based on contemplative worship and prayer, these services devote time to singing, reflective prayer, and Lectio Divina (Divine Reading). The goal of each service is to create a space to connect to God and allow the Holy Spirit to

meet us right where we are. Communion will be offered.

THURSDAY

PRESCHOOL MOMS

No More Perfect Moms

Thursdays // Starts August 15
9:30AM // M234
Grace Bailey
grace@stpaulunitedmethodist.com

No More Perfect Moms - Learning to Love your Real Life by Jill Savage is a RightNow Media video series. All moms struggle. We fall short of our own standard of excellence, and then we feel insecure about not being the perfect wife with the perfect kids, perfect husband, perfect home, perfect friends, perfect marriage, and perfect body...Jill speaks to the root of the insecurities mothers feel and points to a better way.

FRIDAY

FRIDAY MEN'S STUDY

The Book of Acts

Fridays // Starts August 9
6:30AM // M232
Rev. Dr. Buddy Cooper
buddy@stpaulunitedmethodist.com

This class will study the book of Acts, the connecting link between the life of Jesus and the life of the Christian church and between the Gospels and the rest of the new Testament. Please bring your Bible, any version.

Grow Your Faith: Youth & Children

CONFIRMATION

For more information about Confirmation, reach out to Donna Hightower at donna@stpaulunitedmethodist.com.

The Confirmation program at St. Paul is one in which we take great pride. We follow a six-month program that involves family fellowship, mentoring, exploration of our church history, mission work, class time and retreats. Our schedule is filled with many experiences to foster Christian discipleship. God's grace ultimately leads to profession of faith in Jesus Christ and full membership in the Church. All 6th graders are encouraged to participate in this program.

MIDDLE SCHOOL GIRLS

Tuesdays // Starts September 17
6:45AM // Chick-Fil-A on Manchester Exprwy
Sally Bowden & Tonya Badcock
sally@stpaulunitedmethodist.com

This group will participate in an "Inductive Bible Study" on some of the parables of Jesus in the New Testament. This approach digs deeper into God's Word by looking at the answers to three questions - what does it say? what does it mean? and what does it mean for my life? This process will help us use information about a specific situation to draw a conclusion about various scriptures which will, then, help shape our lives. Bring your Bible.

MIDDLE SCHOOL BOYS

Tuesdays // Starts September 17
7:00PM // 2520 Nancy Street
Brad Bowden, Wade Cliatt, Stevie Lorentz, and Jack Wright
bradsbowden@gmail.com

This group will continue their study of "You Don't Have to be Perfect to Follow Jesus" by Mike Yaconelli. Discipleship means being like the Big Twelve Disciples, right? But when you read the Gospels and Acts, it's clear the disciples weren't always on top of things. In fact, the disciples were clueless, selfish, erratic, inconsistent, and faithless at least half of the time. But Jesus loved them and used them all the more for it and there's hope for us too.

HIGH SCHOOL GIRLS

Galatians/Ephesians

Tuesdays // Starts September 17
7:00PM // 2625 Fremont Avenue
Laura Marvets
laura@stpaulunitedmethodist.com

Join us this Fall as we dive into the books of Galatians and Ephesians. Our main goal this semester is opening our Bibles and learning straight from the Word. In Galatians we will learn what kind of life a person will live who is filled with the Spirit of God: a life that sharply contrasts to the kind of life a person will live who has worldly desires. In Ephesians we will learn the doctrine of being a believer in Christ and our identity as a believer: who we are in Christ and how that shapes us as a person. Hope you can join us on this journey!

HIGH SCHOOL BOYS

Galatians/Ephesians

Sundays // Starts September 22
8:00PM // 2640 Auburn Avenue
John Fugh, III
3@fugh.com

Join us this Fall as we dive into the books of Galatians and Ephesians. Our main goal this semester is opening our Bibles and learning straight from the Word. In Galatians we will learn what kind of life a person will live who is filled with the Spirit of God: a life that sharply contrasts to the kind of life a person will live who has worldly desires. In Ephesians we will learn the doctrine of being a believer in Christ and our identity as a believer: who we are in Christ and how that shapes us as a person. Hope you can join us on this journey!

YOUTH OPEN MIC

Wednesdays // Starts September 4
6:30PM // Youth Lounge
Laura Marvets
laura@stpaulunitedmethodist.com

It's the middle of the week and we all have a lot going on! When you come to 'Open Mic Night' Wednesday, we want everyone to have a moment with "the mic," to share what's going on in your world that day - the good and the not so good, and together, through prayer and

applying scripture, we learn what God is trying to teach and communicate with us, and how we can grow from it!

WEDNESDAYS FOR CHILDREN

Wednesdays // Starts September 4
6:30PM // M131
Donna Hightower
donna@stpaulunitedmethodist.com

Come join us on Wednesdays as we Love, Learn, Live! Grades K-6 enjoy a weekly devotion, prayer time, and dodgeball.

1st Wednesday - Mission Possible - Each month we will highlight an organization and complete a mission project.

2nd Wednesday - Deeper Dive into God's Word

3rd Wednesday - Bring a friend. Those who bring a friend to share God's love will have the opportunity to spin the color wheel for a prize!

4th Wednesday - Create! Through art and Legos children will create masterpieces based on God's Word

Grow Your Faith: Anywhere

RIGHTNOW MEDIA

video.spumccolumbus.com

Our church now has access to an extensive, new video library called RightNow Media! It's like the "Netflix of Video Bible Studies" and has a HUGE library of faith-based videos that you can access whenever and wherever you want—on your phone, iPad, tablet, computer, or at home on your TV.

We're always looking for ways to help you develop and strengthen your faith. We believe that RightNow Media will be a tool to serve you as you live out your faith at home, at work and in your neighborhood. RightNow Media has videos for everyone—kids, youth, parents, married couples, college students, single adults, working professionals—all aimed at helping you grow.

It's easy to get connected. Simply point your browser to video.spumccolumbus.com and create your free account. That's it! You're all set to explore more than 20,000 videos. We pray that RightNow Media will be a blessing for you and your family!

YOUTUBE CHANNEL

youtube.spumccolumbus.com

Years of St Paul's worship services and Bible studies are archived on our YouTube channel. Search for topics of interest or dates of those you missed. Enjoy revisiting your favorites or share them with a friend. Subscribe and be notified when new content is added.



2101 Wildwood Avenue; Columbus, Georgia 31906
(706) 327-7419 • <https://spumccolumbus.com>